

GET IN THE GAME

2025 Youth Sports Calendar SACRAMENTO CENTRAL YMCA FOR YOUTH DEVELOPMENT® FOR HEALTHY LIVING FOR SOCIAL RESPONSIBILITY

Throughout the Year Esports & Esports Jr

Games: Summer and Winter seasons. Watch for more info.

Esports Jr: Ages 6-9 years

Esports: Ages 10–14 years

Platform: Nintendo Switch (personal Switch not required)

Coached by qualified staff All league play in person

at the Y.



www.ymcasuperiorcal.org/esports

Winter

Basketball

Games: Saturdays, Januray 18th - March 8th.

Ages: Age 4 to 9th grade, must be 4 by January 6th.

Registration: Opens Oct 11 for Members & Oct 18 for Community.

Summer

Basketball

Ages: Age 4 to 9th grade, must be 4 by June 9th.

Registration: Opens March 15 for Members & March 22 for Community.

Fall

Basketball

Games: Saturdays, October 4th -November 15th.

Ages: Age 4 to 9th grade, must be 4 by September 22nd.

Registration: Opens June 28 for Members & July 5 for Community.

Volleyball

Games: Sundays, September 7th to October 26th.

Ages: 9 to 15 years-old.

Registration: Opens June 1 for Members and June 8 for Community.

Dodgeball

Games: Tuesdays, November 25th - December 16th.

Ages: 1st through 7th grades.

Registration: Opens August 19 for Members & August 26 for Community.

Spring

Peewee Soccer

Games: Saturdays, April 5th -May 17th.

Ages: 3 to 6 years-old, must be 3 by

Registration: Opens Jan. 1 for Members & Jan. 8 for Community.

Flag Football

Games: Saturdays, March 22nd -May 17th.

Ages: 5 to 13 years-old.

Registration: Opens Jan. 1 for Members & Jan. 8 for Community.





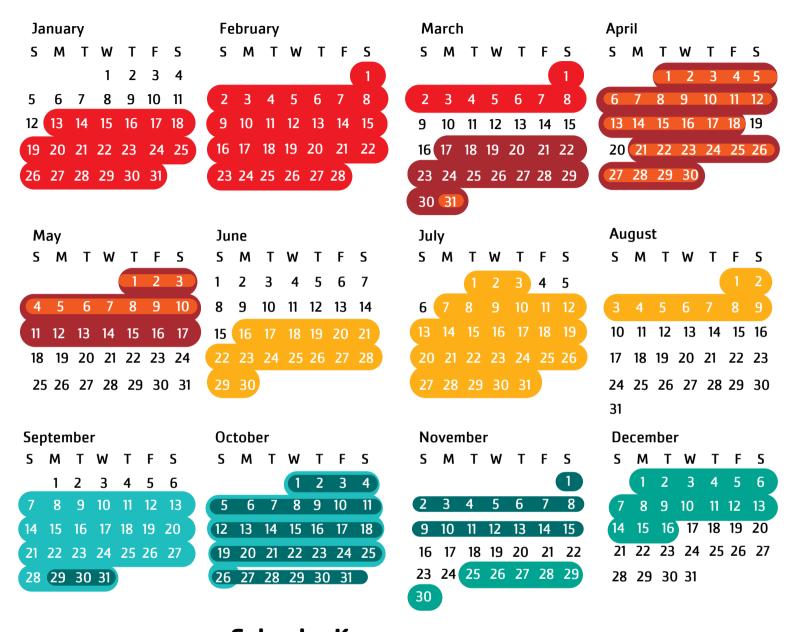
ymcasuperiorcal.org/youthsportsleagues

All dates are subject to change. Please check the website regularly for the most up-to-date information regarding schedules and registration.

SACRAMENTO CENTRAL YMCA YMCA of SUPERIOR CALIFORNIA 2021 W St, Sacramento Ca 95818 916.452.9622



2025 Session Schedule



Calendar Key Program Sessions / Weeks

Winter Basketball: Jan 13th - March 8th

Flag Football: March 17th - May 17th

Peewee Soccer: March 31st - May 10th

Summer Basketball: June 16th - Aug 9th

Volleyball: Sept 7th - Oct 26th

Fall Basketball: Sept 29th - Nov 15th

Dodgeball: Nov 25th - Dec 16th

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